

Websites to Help You Communicate with Your Oncology Team:

Effective communication with your healthcare team and family is crucial as a cancer patient. Open dialogue with your healthcare providers ensures that you fully understand your diagnosis, treatment options, and management of side effects, enabling you to make informed decisions about your care.

1. ***Doctor, Can We Talk? Tips for Communicating with Your Health Care Team***
www.cancercares.org/publications/53-doctor_can_we_talk_tips_for_communicating_with_your_health_care_team
2. ***Communicating with your Healthcare Team***
www.pancan.org/facing-pancreatic-cancer/living-with-pancreatic-cancer/self-advocacy/communicating-with-your-healthcare-team/
3. ***Talking With Your Doctor***
www.canceradvocacy.org/resources/publications/talking-with-your-doctor/

Websites to Help You Communicate with Your Children, Family, Friends, and Co-Workers:

Sharing your feelings, concerns, and preferences with your family helps them provide the support you need and allows them to be actively involved in your journey, creating a supportive environment for your well-being.

1. ***Talking About Serious Illness and Care***
www.caringinfo.org/planning/communicating/
2. ***Telling Others About Your Cancer***
www.cancer.org/cancer/diagnosis-staging/telling-others-about-your-cancer.html
3. ***Talking to Kids & Teens About Cancer***
www.cancersupportcommunity.org/talking-kids-teens-about-cancer
4. ***Talking to Children When a Loved One Has Cancer***
www.cancercares.org/publications/22-talking_to_children_when_a_loved_one_has_cancer
5. ***Telling a Child Someone They Love has Cancer***
www.cancer.org/cancer/caregivers/helping-children-when-a-family-member-has-cancer/dealing-with-treatment/talking-to-kids.html
6. ***How to Tell Friends and Coworkers You have Breast Cancer***
www.survivingbreastcancer.org/post/how-to-tell-friends-and-coworkers-you-have-breast-cancer
7. ***Tips for Talking with Your Employer and Your Workplace Rights***
www.lls.org/managing-your-cancer/do-i-tell-anyone-i-have-cancer/tips-talking-your-employer-and-your-workplace

