

Online Support Groups

Online cancer support groups offer a convenient and accessible way to connect with others facing similar challenges. These groups create a sense of belonging, reducing feelings of isolation and loneliness. Participants can share experiences, exchange practical advice, and receive emotional support from people who truly understand their journey. The flexibility of online groups allows individuals to join discussions at their convenience, regardless of location, making it easier to find support that fits into their lives.

1. **CancerCare Online Support Groups** | www.cancercaresupportgroups.org
Professionally led support groups for patients, caregivers, and loved ones.
2. **American Cancer Society Cancer Survivors Network (CSN)**
www.cancer.org/treatment/support-programs-and-services/online-communities.html
Peer support and discussion boards for cancer survivors and their loved ones.
3. **Cancer Support Community MyLifeLine** | www.mylifeline.org
Offers online support groups and personal web pages for patients and caregivers.
4. **Breastcancer.org Discussion Boards** | www.breastcancer.org/community
A vibrant community for individuals affected by breast cancer.
5. **The Leukemia & Lymphoma Society Online Chats** | www.llsorg/support/online-chats
Weekly online chat sessions for patients and caregivers.
6. **Stupid Cancer** | www.stupidcancer.org
Online community supporting adolescents and young adults (AYAs), defined as ages 15-39.
7. **COLONTOWN** | www.colontown.org
A community of over 120 groups for colorectal cancer patients, survivors, and caregivers.
8. **LIVESTRONG Cancer Navigation** | www.livestrong.org/we-can-help
Provides one-on-one support and connects patients with online support communities.
9. **Man Up to Cancer (MUTC)** | www.manuptocancer.org
Organization dedicated towards helping men avoid isolation during their cancer journey. Offers peer-to-peer support on a private Facebook page, an annual retreat, chemo backpack program, and local chapters.
10. **CanCare** | www.CanCare.org
CanCare provides one-on-one Support with a CanCare survivor volunteer with a similar cancer type, stage, age and gender. CanCare will do its best to find the best match for other specifics provided on your request form. Also offers virtual support groups for patients, caregivers, and those with stage 4 disease.

